



MARCH 2020

Winning Slogan: "When eating healthy, you can't go wrong in keeping your body lean and strong." - By Jordyn, Grade 7, St. Peter the Apostle

Nutritional Development Services

Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
<p>2</p> <p>217 Teriyaki Chicken with Brown Rice 623 Broccoli 631 Cherry Star Vegetable Juice 670 Fresh Fruit 908 Dinner Roll</p>	<p>3</p> <p>215 Beef & Cheese Taco 603 Maple Baked Beans 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops</p>	<p>4</p> <p>271 Spaghetti & Meatballs 608 Dole Tropical Fruit Cup 903 Maple Biscuit</p>	<p>5</p> <p>205 Popcorn Chicken & 908 Dinner Roll 704 French Fries 752 Fruit Punch Juice</p>	<p>6</p> <p>264 4x6" Cheese Pizza 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 990 Chocolate Chip Cookie</p>
<p>9</p> <p>269 Chicken Nuggets with Potato Rounds 611 Bagged Baby Carrots 541 Chocolate Hummus 670 Fresh Fruit</p>	<p>10</p> <p>281 Salisbury Steak with Gravy 610 Mashed Potatoes 630 Dragon Punch Vegetable Juice 670 Fresh Fruit 904 Wheat Bread</p>	<p>11</p> <p>253 Hot Dog with French Fries & 907 Hot Dog Bun 632 Wango Mango Vegetable Juice 670 Fresh Fruit</p>	<p>12</p> <p>272 Four Cheese Panini 704 French Fries 752 Fruit Punch Juice</p>	<p>13</p> <p>223 Veggie Pinwheel 708 Romaine Salad with Spinach & Chickpeas 658 Cherry Craisins</p>
<p>16</p> <p>NO SCHOOL TODAY!</p>	<p>17</p> <p>255 Cheese Stuffed Breadsticks 622 Marinara Sauce 635 Calypso Crush Vegetable Juice 659 Watermelon Craisins 993 Shamrock Cookie</p>	<p>18</p> <p>289 Pancakes with Sausage 634 Hash Brown 630 Dragon Punch Vegetable Juice 670 Fresh Fruit</p>	<p>19</p> <p>220 Taco Meat & 941 Tostitos Scoops 611 Bagged Baby Carrots 749 Apple Cherry Juice</p>	<p>20</p> <p>264 4x6" Cheese Pizza 706 Romaine Salad with Chery Tomatoes 752 Fruit Punch Juice 990 Chocolate Chip Cookie</p>
<p>23</p> <p>200 Hamburger 603 Maple Baked Beans 630 Dragon Punch Vegetable Juice 690 Apple Crisps 914 Hamburger Bun</p>	<p>24</p> <p>269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 611 Bagged Baby Carrots 670 Fresh Fruit 932 Cinnamon Scooby Snacks</p>	<p>25</p> <p>253 Hot Dog with French Fries 632 Wango Mango Vegetable Juice 658 Cherry Craisins 907 Hot Dog Bun</p>	<p>26</p> <p>273 Rotini Bake 695 Strawberry-Mango Sidekick 908 Dinner Roll</p>	<p>27</p> <p>203 Macaroni & Cheese & 908 Dinner Roll 708 Romaine Salad with Spinach & Chickpeas 685 Rosati Water Ice</p>
<p>30</p>	<p>31</p>			

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item. To request product information please call (215) 895-3470 during normal business hours.