



FEBRUARY 2019

“Fresh food = fresh life”.—Winning Slogan by Jon Simmons, grade 3
From The Laboratory Charter School- Woodbine

Nutritional Development Services
Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit and vegetable juices are 100% juice, grains are whole grain rich.

Monday **Tuesday** **Wednesday** **Thursday** **Friday**



<p>269 Mini Corn Dogs & Chicken Nuggets with Potato Rounds 603 Maple Baked Beans 752 Fruit Punch Juice 929 Cinnamon Elf Grahams</p> <p>4</p>	<p>273 Rotini Bake 670 Fresh Fruit 901 Honey Biscuit</p> <p>5</p>	<p>255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup</p> <p>6</p>	<p>275 BBQ Chicken Filet 623 Broccoli 631 Cherry Star Vegetable Juice 749 Apple-Cherry Juice 914 Hamburger Bun</p> <p>7</p>	<p>219 Turkey Pepperoni Pinwheel 704 French Fries 684 Mixed Berry Applesauce 990 Chocolate Chip Cookie</p> <p>8</p>
<p>233 Popcorn Chicken with Sweet & Sour Broccoli 639 Corn 670 Fresh Fruit 904 Wheat Bread (2 slices)</p> <p>11</p>	<p>251 Chicken Nuggets 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit</p> <p>12</p>	<p>264 4"x 6" Cheese Pizza 611 Bagged Baby Carrots 684 Mixed Berry Applesauce 993 Heart Cookie</p> <p>13</p>	<p>252 Cheeseburger Macaroni 706 Romaine Salad with Cherry Tomatoes 686 "Sweet Heart" Water Ice</p> <p>14</p>	<p>274 Curly Cheesy Lasagna 749 Apple-Cherry Juice 901 Honey Biscuit</p> <p>15</p>
<p>NO SCHOOL TODAY</p> <p>18</p>	<p>277 Arroz Con Pollo 695 Strawberry-Mango Sidekick 908 Dinner Roll</p> <p>19</p>	<p>200 Hamburger 603 Maple Baked Beans 632 Wango Mango Vegetable Juice 670 Fresh Fruit 914 Hamburger Bun</p> <p>20</p>	<p>272 Four Cheese Panini 706 Romaine Salad with Cherry Tomatoes 749 Apple-Cherry Juice</p> <p>21</p>	<p>275 BBQ Chicken Filet 611 Bagged Baby Carrots 541 Chocolate Hummus 670 Fresh Fruit 914 Hamburger Bun</p> <p>22</p>
<p>255 Cheese Stuffed Breadsticks 622 Marinara Sauce 631 Cherry Star Vegetable Juice 608 Dole Tropical Fruit Cup 932 Cinnamon Scooby Snacks</p> <p>25</p>	<p>278 Chicken Jambalaya & Cinnamon Elf Grahams 623 Broccoli 670 Fresh Fruit</p> <p>26</p>	<p>217 Terriyaki Chicken with Brown Rice 603 Maple Baked Beans 635 Calypso Crush Vegetable Juice 670 Fresh Fruit 901 Honey Biscuit</p> <p>27</p>	<p>218 Mozzarella Pinwheel 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 670 Fresh Fruit</p> <p>28</p>	<p>251 Chicken Nuggets 704 French Fries 749 Apple-Cherry Juice 990 Chocolate Chip Cookie</p> <p>1</p>

PLEASE READ CAREFULLY. Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Diocese of Camden, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplies of the food item.
To request product information please call (215) 895-3470 during normal business hours.