## **Elementary Hot Lunch February 2024**

Slogan Winner- "Let's Eat Healthy together & get everyone's bones strong!"-By Kennedy A., grade 4, St. Peter the Apostle



Nutritional Development Services Archdiocese of Philadelphia 222 N 17th St, Philadelphia, PA 19103 215-895-3470, option 1

PA Harvest of the Month for February: Mushrooms!

February is American Heart Month - Take time this month to learn about the importance of a healthy heart and actions you can take to live a heart healthy life.



MENU IS SUBJECT TO CHANGE - A variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vege table juices are 100% juice, grains are whole

grain rich, all items are pork-free. V = vegetarian				
Monday	Tuesday	Wednesday	Thursday	Friday
281 Popcorn Chicken with Roasted Potatoes OR  611 Bagged Baby Carrots 670 Fresh Fruit 929 Chocolate Dino Bites NEW	223 Veggie Pinwheel 630 Dragon Punch Vegetable Juice 650 Strawberry Banana Smoothie	215 Taco Stick OR OR OR OSS Julies Head Control 632 Wango Mango Vegetable Juice 620 Salsa 658 Cherry Craisins 941 Tostitos Scoops	268 French Bread Pizza V OR 706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit OR 682 Banana	OR 204 Chicken Nuggets  603 Baked Beans 631 Cherry Star Vegetable Julce 608 Dole Tropical Fruit Cup 934 Cinnamon Dino Bites
209 Taco Meat OR Chicker 625 Corn 620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	268 French Bread Pizzav OR OR OR OS Madilod P. Grave with Hitarical Picture 630 Dragon Punch Vegetable Juice 690 Apple Crisps	OR 288 Mac & Cheese with Broccoil V  632 Wango Mango Vegetable Juice 686 Swee'Heart Cherry Rosati Ice 993 Heart Cookie  Valentine's Day Ash Wednesday	OR 205 Popcorn Chicken & 623 Tater Tots OR  708 Romaine Salad with Spinach & Chickpeas 647 Dole Mandarin Oranges	OR 255 Pizza Boll V OR 241 Say Buttor & Jolly 611 Bagged Baby Carrots 545 Cranberry Orange Hummus 657 Strawberry Craisins
President's Day	207 Cheese RavioliV & 624 Green Beans OR REA Chicken Alfredo with Annual Autority 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 903 Maple Biscuit NO SCHOOL PROF. DEV. DAY	OR 257 Mozzarella Sticks NEW, V & 622 Marinara Sauce  632 Wango Mango Vegetable Juice 659 Watermelon Craisins 933 Cinnamon Tiger Bites	OR 264 4x6 Cheese Pizza V  620 Salsa 670 Fresh Fruit 941 Tostitos Scoops	611 Bagged Baby Carrots 543 Red Pepper Hummus 752 Fruit Punch Juice Ciabatta Melt
OR 283 Chicken Tenders with Corn  6611 Bagged Baby Carrots 748 Grape Juice 929 Chocolate Tiger Bites NEW	281 Popcorn Chicken 27 with Roasted Potatoes & 928 Goldfish Pretzels OR 608 Baked Beans 695 Strawberry & Mango Sidekick National Strawberry Day	288 Mac & Cheese 28 with Broccoliv OR 285 Magting with Crawy & 632 Wango Mango Vegetable Juice 749 Apple Cherry Juice 901 Honey Biscuit	215 Taco Stick OR	OR 264 4x6 Cheese Pizza V  706 Romaine Salad with Cherry Tomatoes 670 Fresh Fruit

PLEASE READ CAREFULLY - Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.





