



Elementary Hot Lunch September 2023

**Slogan Winner: "School Lunch radiates positivity"
- Emily R. Nazareth Academy, grade 7**

Nutritional Development Services-Archdiocese of Philadelphia
222 N 17th St, Philadelphia, PA 19103
215-895-3470, option 1

NDSSchoolLunchProgram

SchoolMealsNDS

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Menu is subject to change, a variety of low fat or skim milk is offered daily, condiments offered daily, fruit & vegetable juices are 100% juice, grains are whole grain rich, all items are pork-free.

Monday	Tuesday	Wednesday	Thursday	Friday
4  September is National Food Safety Month! 	5 215 Taco Stick OR 221 Two Cheese Chicken Quesadilla OR 236 Turkey & Two Cheese Wedge 620 Salsa 633 Sunset Sip Vegetable Juice 644 Dole Pear Cup 941 Tostito Scoops	6 284 Chicken Alfredo with Penne Pasta & Broccoli OR 288 Mac & Cheese with Broccoli 631 Cherry Star Vegetable Juice 656 Craisins 909 Dinner Rolls	7 268 French Bread Pizza OR 264 4x6 Cheese Pizza OR 242 Chicken, Turkey Ham & Cheese Wedge 630 Dragon Punch Vegetable Juice 686 Rosati Water Ice Football Freeze Cherry 	8 200 Hamburger NEW, OR 201 Cheeseburger NEW, OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 611 Bagged Baby Carrots 541 Chocolate Brownie Hummus 670 Fresh Fruit
11 279 Chicken Mole with Rice & Peas OR 295 Meatloaf with Gravy & Mashed Potatoes 633 Sunset Sip Vegetable Juice 684 Mixed Berry Applesauce 901 Honey Biscuit	12 225 Ciabatta Cheese Melt OR 217 Spicy Grilled Cheese NEW, OR 404 Italian Combo Wrap 622 Marinara Sauce 630 Dragon Punch Vegetable Juice 670 Fresh Fruit	13 282 BBQ Popcorn Chicken with Sweet Mashed Potatoes OR 281 Popcorn Chicken with Roasted Potatoes 621 Celery 752 Fruit Punch Juice 909 Dinner Roll	14 200 Hamburger OR 235 Waffle with Cheese Sandwich NEW, OR 704 Baked Beans 648 Strawberry Gello Bowl 	15 255 Pizza Boli NEW, OR 270 Pepperoni Calzone NEW, OR 228 Turkey Ham & Cheese Sub 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit
18 *SEE NOTE 226 Philly Steak & Cheese Pinwheel OR 218 Turkey Pepperoni Pinwheel OR 236 Turkey & Two Cheese Wedge 611 Bagged Baby Carrots 546 Cheesy Pizza Hummus 749 Apple Cherry Juice	19 *SEE NOTE 273 Swedish Meatballs with Noodles & Broccoli OR 288 Mac & Cheese with Broccoli 630 Dragon Punch Vegetable Juice 609 Dole Mixed Fruit Cup 909 Dinner Roll	20 283 Chicken Tenders with Corn OR 284 Chicken Alfredo with Penne Pasta & Broccoli 631 Cherry Star Vegetable Juice 670 Fresh Fruit 990 Chocolate Chip Cookie	21 268 French Bread Pizza OR 263 5" Round Cheese Pizza OR 242 Chicken, Turkey Ham & Cheese Wedge 708 Romaine Salad with Spinach & Chickpeas 752 Fruit Punch Juice	22 215 Taco Stick OR 219 Turkey Pepperoni Pinwheel OR 227 Turkey Ham, Turkey Pepperoni & Cheese Sub 620 Salsa 633 Sunset Sip Vegetable Juice 670 Fresh Fruit 941 Tostito Scoops
25 280 Hamburger with Green Beans OR 295 Meatloaf with Gravy & Mashed Potatoes 630 Dragon Punch Vegetable Juice 658 Cherry Craisins 915 Hamburger Bun	26 286 Penne Pasta with Meat Sauce & Italian Vegetable Blend OR 282 BBQ Popcorn Chicken with Sweet Mashed Potatoes 632 Wango Mango Vegetable Juice 648 Strawberry Gello Cup 901 Honey Biscuit	27 225 Ciabatta Cheese Melt OR 235 Waffle with Cheese Sandwich NEW, OR 404 Italian Combo Wrap 622 Marinara Sauce 546 Cheesy Pizza Hummus 670 Fresh Fruit 932 Cinnamon Scooby Snacks	28 281 Popcorn Chicken with Roasted Potatoes OR 272 Buffalo Chicken Calzone NEW 611 Bagged Baby Carrots 631 Cherry Star Vegetable Juice 749 Apple Cherry Juice 992 Oatmeal Cookie	29 255 Pizza Boli NEW, OR 268 French Bread Pizza OR 228 Turkey Ham & Cheese Sub 708 Romaine Salad with Spinach & Chickpeas 670 Fresh Fruit

MENU IS SUBJECT TO CHANGE

NEW, = New Item **Ⓥ = Vegetarian**

PLEASE READ CAREFULLY Parents are strongly advised to review the menu completely to ensure that each of the food items is suitable for their children, and will not trigger an allergic reaction or related illness. The Archdiocese of Philadelphia, Nutritional Development Services, Inc. and your children's school shall not be responsible for any allergic reaction or related illness caused by any food item. Upon request and without charge, Nutritional Development Services will provide parents with information on any food item, which has been provided by the supplier of the food item. To request product information please call (215) 895-3470 during normal business hours.

*please note that Monday Sept 18 and Tuesday Sept 19 menus will be switched. Those who ordered on Tuesday (Mac & Cheese with Broccoli) will get their lunch on Monday Sept 18. Those who ordered on Monday will get their lunch on Tuesday Sep 19 and it will be Vegetarian Pinwheel or Cheeseburger on bun. (Updated Sept 15 @ 10:00 AM)

